One way to use cryptocurrencies for purchasing items is through 24healthgoods com

Select the product you would like to purchase from the health store https://24healthgoods.com/ product catalog
Add the desired item(s)to your shopping cart
Click on "Checkout"
Under "Payment Method," select "Cryptocurrency"
Select your preferred cryptocurrencyEnter in the amount you would like to spend
You will then be redirected to a page where you can scan or enter in your wallet address Click on "Submit Order"
Copy/Paste your wallet address into the provided field
Once confirmed, your order will be processed Your order confirmation will also include an invoice that lists all of the details pertaining thereto