

# 19 THINGS NEVER TO SAY TO SOMEONE WITH ENDOMETRIOSIS



- ☐ 1. Have you tried yoga?
- ☐ 2. I get cramps too
- ☐ 3. Take some Tylenol
- ☐ 4. You don't look sick
- ☐ 5. Everyone gets tried.
- ☐ 6. Have you tried..?
- ☐ 7. You are too young to be sick
- ☐ 8. It must be nice not having to work
- ☐ 9. I wish i had time to take a nap
- ☐ 10. What do you do all the day? Lay around the pool?
- ☐ 11. Mind over matter
- ☐ 12. Think positively
- ☐ 13. Just push through it
- ☐ 14. I'll get better. just be positive
- ☐ 15. My daughter, friend etc. has that and she's fine
- ☐ 16. Are you pregnant yet?
- ☐ 17. You should stop...

- ☐ 18. You are just stressed, tired, depressed
- ☐ 19. You take too many medications
- ☐ The one thing you should say.. " I Believe You"

**Make and Share Free Checklists**  
[checkli.com](https://checkli.com)